

## **PROGRAM STUDI ILMU KEPERAWATAN**

**Universitas Awal Bros Batam**

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### **Studi Fenomenologi : Pengalaman Perawat dalam Merawat Pasien *Covid -19* di Wilayah Kerja Puskesmas Sei Lekop Kabupaten Bintan**

#### **ABSTRAK**

**Latar Belakang:** Kematian akibat COVID-19 terus meningkat secara global, keberagaman strategi penatalaksanaan selama pandemik menyebabkan tingginya angka penularan secara lokal. Indonesia saat ini berada pada tahap awal pandemi COVID-19, dimana situasi penyebaran COVID-19 yang sudah hampir menjangkau seluruh wilayah di Provinsi di Indonesia dengan jumlah kasus dan/atau jumlah kematian semakin meningkat. Penyedia layanan kesehatan, khususnya perawat tidak hanya mengalami peningkatan beban kerja tetapi juga perubahan psikologis yang berhubungan dengan kecemasan dan ketakutan yang dimana perawat dipaksa untuk menghadapi situasi tersebut. **Tujuan:** Untuk menggali pengalaman perawat dalam menangani pasien dengan COVID-19. **Metode:** Studi ini menggunakan pendekatan fenomenologi dengan jumlah partisipan 1 laki-laki dan 9 perempuan. Wawancara dilakukan melalui bertemu langsung dan dianalisis dengan metode analisis tematik. **Hasil:** Terdapat 4 tema yang diperoleh dalam penelitian ini yaitu perubahan yang dirasakan sejak menangani pasien dengan COVID-19, perilaku mengatasi perubahan yang dirasakan, kendala yang ditemui saat berdinamika serta harapan selama merawat pasien dengan COVID-19. **Saran:** Dukungan menyeluruh baik secara moral maupun materil serta pelatihan intensif seperti pelatihan pra kerja, pelatihan adaptasi perawat pasien lain di departemen infeksi serta pelatihan bangsal tekanan negatif diperlukan perawat demi kesejahteraan perawat dan sebagai dasar yang cukup dalam memberikan asuhan keperawatan yang optimal bagi pasien.

**Kata Kunci:** Pengalaman, *COVID-19*, Perawat,

**NURSING SCIENCE PROGRAM**

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***Phenomenological Study : The Experiences of the Nurses Caring for Covid-19  
Patients at Public Health of Sei Lekop Bintan District***

**ABSTRACT**

Deaths from COVID-19 continue to increase globally, the diversity of management strategies during the pandemic has resulted in high rates of local transmission. Indonesia is currently in the early stages of the COVID-19 pandemic, where the situation of the spread of COVID-19 has almost reached all regions in Indonesia's provinces with the number of cases and/or the number of deaths increasing. Health care providers, particularly nurses, experience not only increased workloads but also psychological changes associated with the anxiety and fear that nurses are forced to face. This qualitative study aims to explore of nurses experiences in caring for COVID-19 patient. This study used a phenomenological approach with 10 participants. The Interviews are conducted face-to-face and were analysed by thematic analysis methods. There are four themes identified on this study, including changes felt since caring for COVID-19 patient, behavior to cope with perceived changes, obstacles encountered while in the ministry as well as the expectations during for COVID-19 patient. Comprehensive support and intensive training are needed by nurses and as a sufficient basis in providing optimal nursing care for patients. Comprehensive support both morally and materially as well as intensive training such as pre-employment training, adaptation training for other patient nurses in the infection department and negative pressure ward training are needed by nurses for the welfare of nurses and as an adequate basis in providing optimal nursing care for patients.

**Keywords:** *Experiences, Covid-19, Nurses*